Advance Care Planning
Planning for your health care

† An Enduring Power of Guardianship form enables the appointment of an enduring Guardian. An Enduring Guardian is someone who you can appoint to make personal, life-style and treatment decisions for you, when you no longer can.

* An Enduring Power of Attorney form enables the appointment of an Enduring Attorney. An Enduring Attorney is someone who you can appoint to make financial and property decisions for you.

Interpreting service – please ask for an interpreter if you need help to speak to a health service in your language.

Advance Care Planning Telephone Support
9222 2300

acp@health.wa.gov.au

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If you become very sick or have a serious injury, who will help make care decisions for you?

Artist: Wendy Waye
Thank you to the Yiriman Women’s Art Project.

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Advance Care Planning

What is Advance Care Planning?

Advance Care Planning is about planning for your future health care. It is for people aged 18 years and above. This three step process will help you decide what to ask, who to ask and how to put your plan into action.

1. Ask

Ask about:
- your health care options
- what can happen down the track
- where to go for more help
- who you can yarn with.

Remember
You can ask for an interpreter, if needed.

2. Yarn

You can talk with anyone:
- loved ones, family, friends, work mates
- doctor or nurse or anyone you see about your health
- spiritual leader or adviser
- community support network
- Enduring Guardian* (if you have appointed one).

* An Enduring Guardian is someone who you can appoint to make personal, life-style and treatment decisions for you, when you no longer can.

3. Do

You can:
- tell others about what is important to you
- keep the conversations going
- put it in writing:
  - Advance Health Directive
  - Advance Care Plan
  - Enduring Power of Guardianship†
  - Enduring Power of Attorney*
  - Will.

You can update this as you go along.