Advance Care Planning Telephone Support

9222 2300

This document can be made available in alternative formats on request for a person with disability.

Produced by WA Cancer and Palliative Care Network
© Department of Health 2017

Copyright to this material is vested in the State of Western Australia unless otherwise indicated. Apart from any fair dealing for the purposes of private study, research, criticism or review, as permitted under the provisions of the Copyright Act 1968, no part may be reproduced or re-used for any purposes whatsoever without written permission of the State of Western Australia.
Advance Care Planning

What is Advance Care Planning?

Advance Care Planning is about planning for your future health care. It is for people aged 18 years and above. This three step process will help you decide what to ask, who to ask and how to put your plan into action.

1. Ask

Ask about:
- your health care options
- what can happen to you in the future
- where you can go for more information
- who you can talk to.

Remember

You can ask for an interpreter, if needed.

2. Chat

You can talk to:
- partner/family/friends
- doctor
- health professionals
- spiritual leader or adviser
- community support network
- Enduring Guardian*
  (if you have appointed one).

* An Enduring Guardian is someone who you can appoint to make personal, life-style and treatment decisions for you, when you no longer can.

3. Put into action

You can:
- tell others about what is important to you
- keep the conversations going
- put it in writing
  - Advance Health Directive
  - Enduring Power of Guardianship
  - Advance Care Plan.