



# Mould can make you sick

**Don't risk your health.  
Clean up safely after  
flood damage.**

**Flooding and extreme rainfall can increase the risk of mould and dampness in your home.**



## Check for mould

Mould can grow anywhere, but common spots are:

- kitchen
- bathroom
- shelves
- walls
- in the roof
- behind furniture.



## Dry things out

Mould can grow if things are not fully dried out:

- Open windows if the weather allows.
- Take your furniture and other things to dry outside.
- If soft toys got wet, clean them in the washing machine and then dry. If they are mouldy, throw them in the bin.



## Cleaning up

- Wear a face mask, glasses and thick rubber gloves to protect yourself.
- Use a scrubbing brush – mould needs to be well scrubbed off.

## What can I use?

To clean mould, you can use:

- a mix of 8 parts vinegar and 2 parts water OR
- warm soapy water if vinegar isn't available.

Bleach-based cleaning products may be used but they are not recommended because you must also physically scrub the affected surface to remove the mould.

## Important

- Don't mix different cleaning products.
- Don't mix vinegar and bleach.
- Bleach-based products can irritate your skin, eyes and lungs.

**If the mould is really bad, professional cleaners may be needed. Learn more at:**

