



Department of Health



Protect yourself and others



WASH HANDS

often with soap and water, or hand sanitiser



COVER COUGHS

and sneezes with a tissue or inner elbow



STAY HOME IF SICK & GET TESTED

even with mild cold or flu-like symptoms



PHYSICAL DISTANCE

keep at least 1.5 metres away from others where possible



CLEAN SURFACES

and disinfect objects regularly



GET THE APP

to help identify people exposed to COVID-19