

# The Young, Deadly and Free Project: WA progress and results

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## Acknowledgement of country

We wish to acknowledge the Noongar people as the traditional and true custodians of the land which we are meeting on today. We honour the Noongar elders past and present, the current leaders, and lastly the young people coming up as future leaders.

We wish to acknowledge any other Aboriginal people in this room, as well as their elders past and present.





Australian Government  
Department of Health

FOURTH  
National Aboriginal  
and Torres Strait Islander  
**Blood-borne Viruses and  
Sexually Transmissible Infections  
Strategy**

7: Priority Areas for Action

Ensuring that interventions are practical and that health promotion initiatives link to action pathways (for example, emphasising the role of testing for STI and BBV, and identifying where people can go to get testing, treatment and support) should be supported.

Peer pressure and group behaviours have an influence on an individual's decisions. Peer education and support have played an important role in HIV risk reduction and in connecting with some hard-to-reach groups of people who inject drugs. Peers are credible, trusted sources of information and can reach people who are not being reached by other means and assist in overcoming physical and socio-cultural barriers [14]. There would be benefit in strengthening the evidence for particular peer education models for Aboriginal and Torres Strait Islander people, as there may be considerable variation in what works with whom and where for communities in Australia.

Particular consideration should be given to targeting young Aboriginal and Torres Strait Islander people, given the high burden of STI, the relatively higher pregnancy rate among Aboriginal and Torres Strait Islander teenagers, and the population profile of the community. There are challenges to reaching young people in a way that is contemporary, culturally appropriate and supported by the community. Furthermore, young people outside the school environment do not have the same access to health promotion and education and therefore improved use of non-school settings is important.

## Establishing best practice

**SYSTEMATIC REVIEW ARTICLE** Provisionally accepted The full-text will be published soon. [Notify me](#)

Front. Public Health | doi: 10.3389/fpubh.2018.00031

# Indigenous Youth Peer-Led Health Promotion in Canada, New Zealand, Australia and the United States: A Systematic Review of the Approaches, Study Designs and Effectiveness



Daniel Vujcich<sup>1, 2\*</sup>



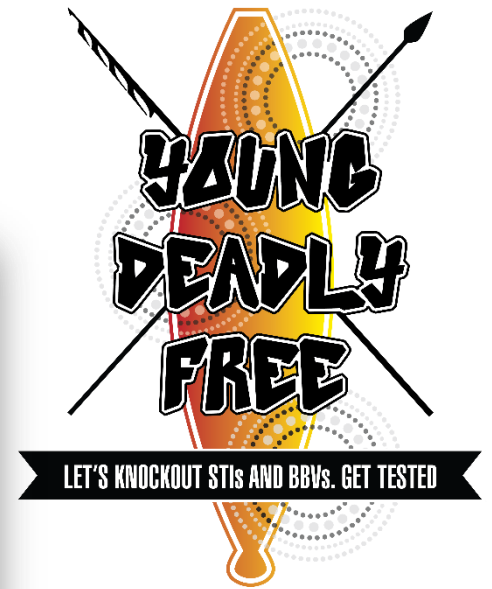
Jessica Thomas<sup>3, 4</sup>



Katy Crawford<sup>5</sup> and



James Ward<sup>3, 4</sup>



## Key lessons

- Conduct preliminary site assessments to ensure the presence of adequate and ongoing human, time and financial resources
- Involve Indigenous people in program design
- Incorporate culture, community, history and tradition into the program
- Approach key community stakeholders to explain program and aims
- Consider ways of delivering the intervention through or in partnership with existing structures/communities of practice
- Consider ways in which participation can be enhanced through provision of appropriate incentives
- Identify and recruit community champions





## WA sites

### Kimberley

- Broome
- Derby
- Mowanjim
- Bidyadanga

### Central Desert

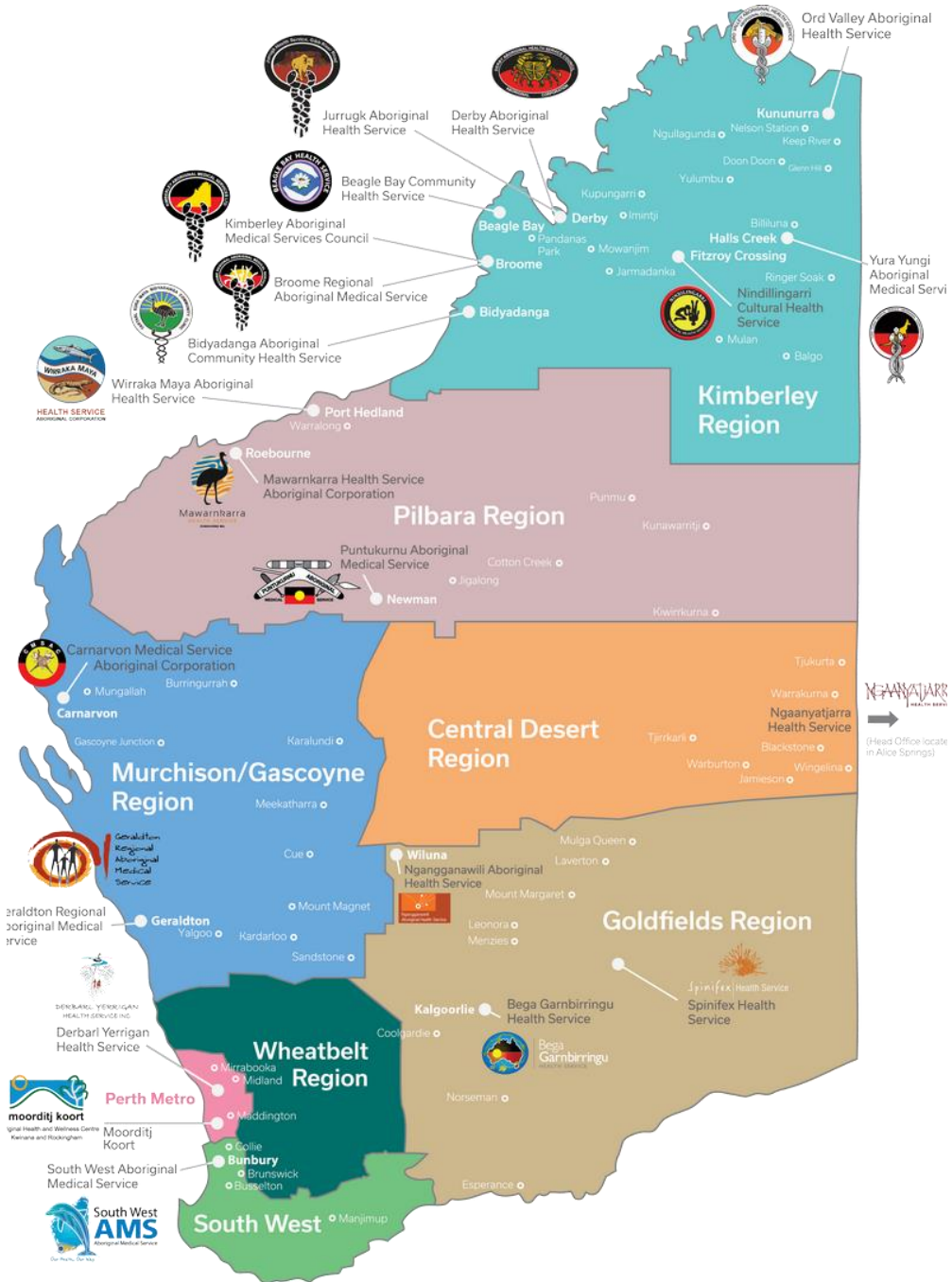
- Warburton

### Murchison/Gascoyne

- Carnarvon

### Goldfields

- Leonora
- Norseman



# Training structure

<b>Day 1</b> Welcome
Acknowledgement of country Housekeeping; Pre-training evaluation
Project overview
Training overview and expectations
What has made you Young Deadly and Free
Group agreement
Graffiti sheets: Defining why we are here and what do we already know
Anatomy/Conception - info for you as a peer educator
<b>LUNCH @ 12:10pm</b>
Energiser
Contraception: preventing unplanned pregnancy
Introducing the community project: Mission
Introducing presentations and the toolkit
YDF reflective art
Daily Feedback & Closing
<b>Closing @ 3pm</b>





<b>Day 2</b> Welcome back @ 10:00am
Energiser
STIs and BBVs: Setting the Scene (Looking at data)
The STI Story
Young Deadly and Free from BBVs
Young, Deadly, Free: Myth Busters
Checking It Out: Testing To Stay Young, Deadly, Free
<b>LUNCH @ 12:10pm</b>
The Condom Game
How to use condoms correctly: Condom Demo and your turn
Young Deadly and Respectful: Exploring consensual sex and the Law
Planning your community project
Daily Reflection
Daily Feedback & Closing
<b>Closing @ 3pm</b>







<b>Day 3</b> Welcome back @ 10:00am
Welcome Back Group Agreement
STI & BBV 4 Square
Values and Attitudes to being Young, Deadly and Free
Risky Business
Responding to disclosures
Deadly Responses To Questions
<b>LUNCH @ 12:10pm</b>
Delivering an activity
Planning Your own groups
Planning your community project
YDF Reflective Art
Daily Feedback
Post Training Evaluation
<b>Closing @ 3pm</b>





# Evaluation of the peer education program

## Data collection

- Self-complete, paper based survey
- Survey administered pre and post training by Regional Coordinators

## Participant demographics

- Aboriginal and Torres Strait Islander young people, aged 16 to 28 years
- Majority were female, heterosexual, spoke English as first language, year 10 educated

## Key findings

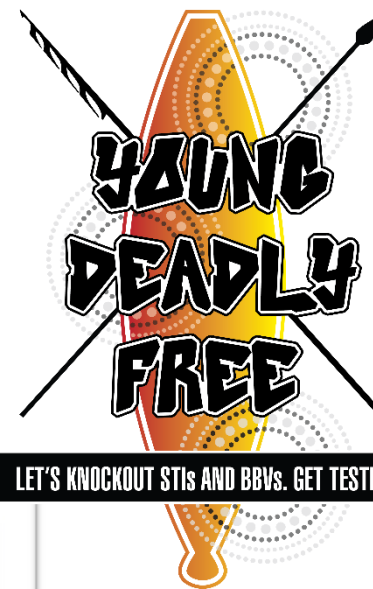
- Level of STI knowledge relatively high prior to training; BBV knowledge somewhat limited
- Post knowledge survey demonstrated a marked increase in BBV knowledge
- STI testing was high among the peer educators; BBV testing significantly lower
- Intention to talk about, have, and use condoms was relatively high
- Most agreed that STI testing is important
- Concern about privacy/shame of STI testing in pre survey; reduced post survey
- Enhanced knowledge about situations that warrant BBV testing following training



# Carnarvon activities



# Warburton activities



## Leonora activities



XXXXXX

**LEONORA  
YOUTH ART COMPETITION**

**1st prize - iPhone 6S  
(2nd and 3rd prizes available)**

We need an artwork to  
encourage young people  
to get tested for STIs  
(sex diseases)

The poster features a dark blue background with abstract brushstrokes in yellow and light blue. At the top, there are six white 'X' marks. The text is centered and uses a mix of bold and regular fonts.





#### What's an STI?

An STI is a sexually transmissible infection – an infection you can get from having sex with someone who has that infection.

**Chlamydia**, **gonorrhoea** and **syphilis** are examples of STIs.

#### What's a BBV?

A BBV is a blood borne virus – a virus you can get if the blood, semen (cum) or vaginal fluid from someone with that virus gets into your blood. This can happen during sex or by sharing drug injecting equipment. **HIV**, **hepatitis B** and **hepatitis C** are examples of BBVs.

## ANIMATIONS

All the facts about STIs and BBVs are hard to take in.

We've made some animated videos – cartoons – that explain the facts about STIs and HIV in a way that's easy to understand. STIs are serious but we need to talk about them in a relaxed way and get rid of the stigma and shame we can feel when talking about sex, STIs and BBVs.

Have a look at these videos – share them with your friends!

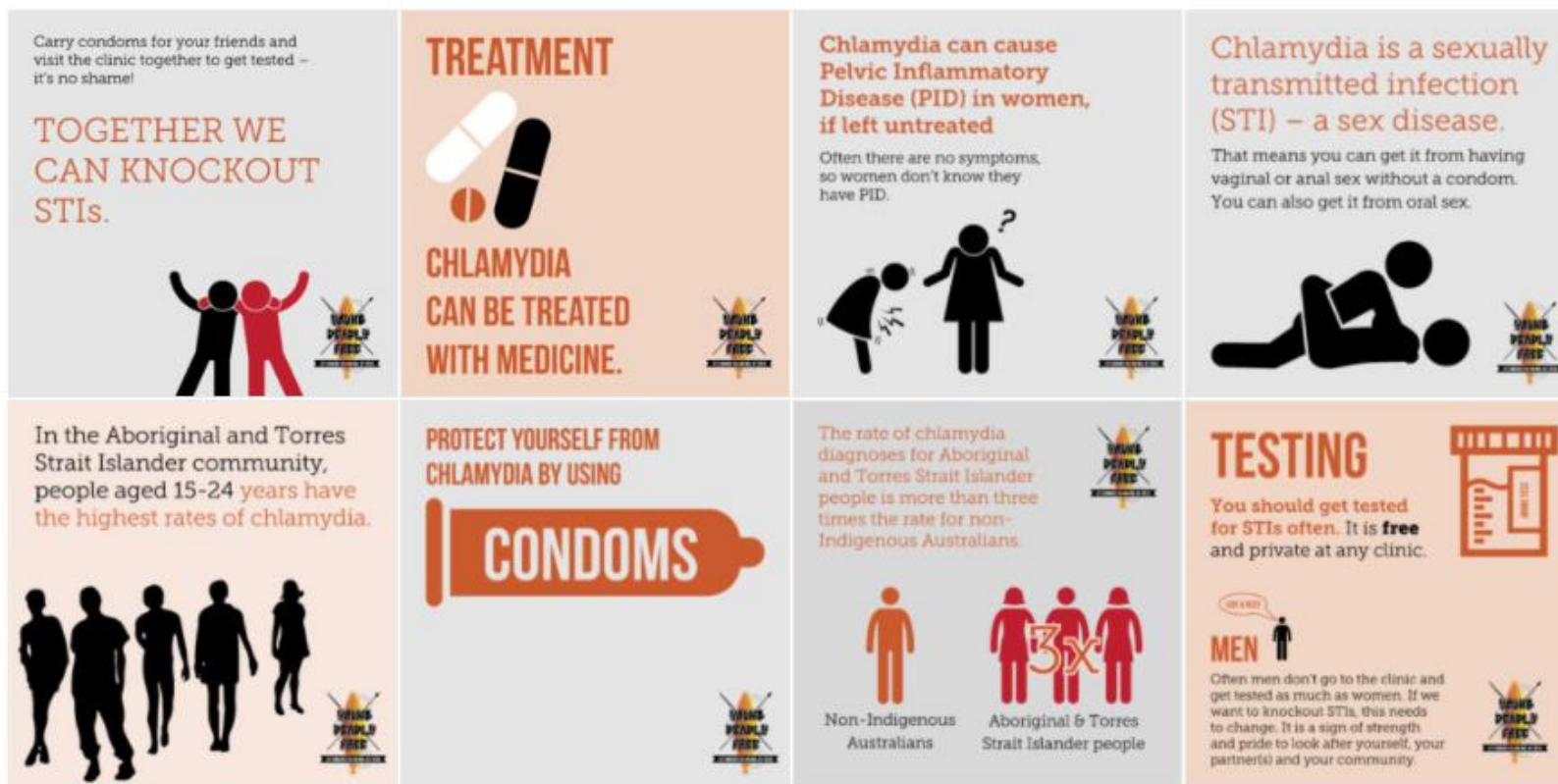


<http://youngdeadlyfree.org.au/for-young-people/#animations>

# INFOGRAPHICS

SAHMRI has produced a set of infographics on STIs and blood-borne viruses for use in social media, health promotion, community education, on posters, and in presentations. These range from straight-forward messages about STI and BBV transmission and prevention, to graphics explaining data.

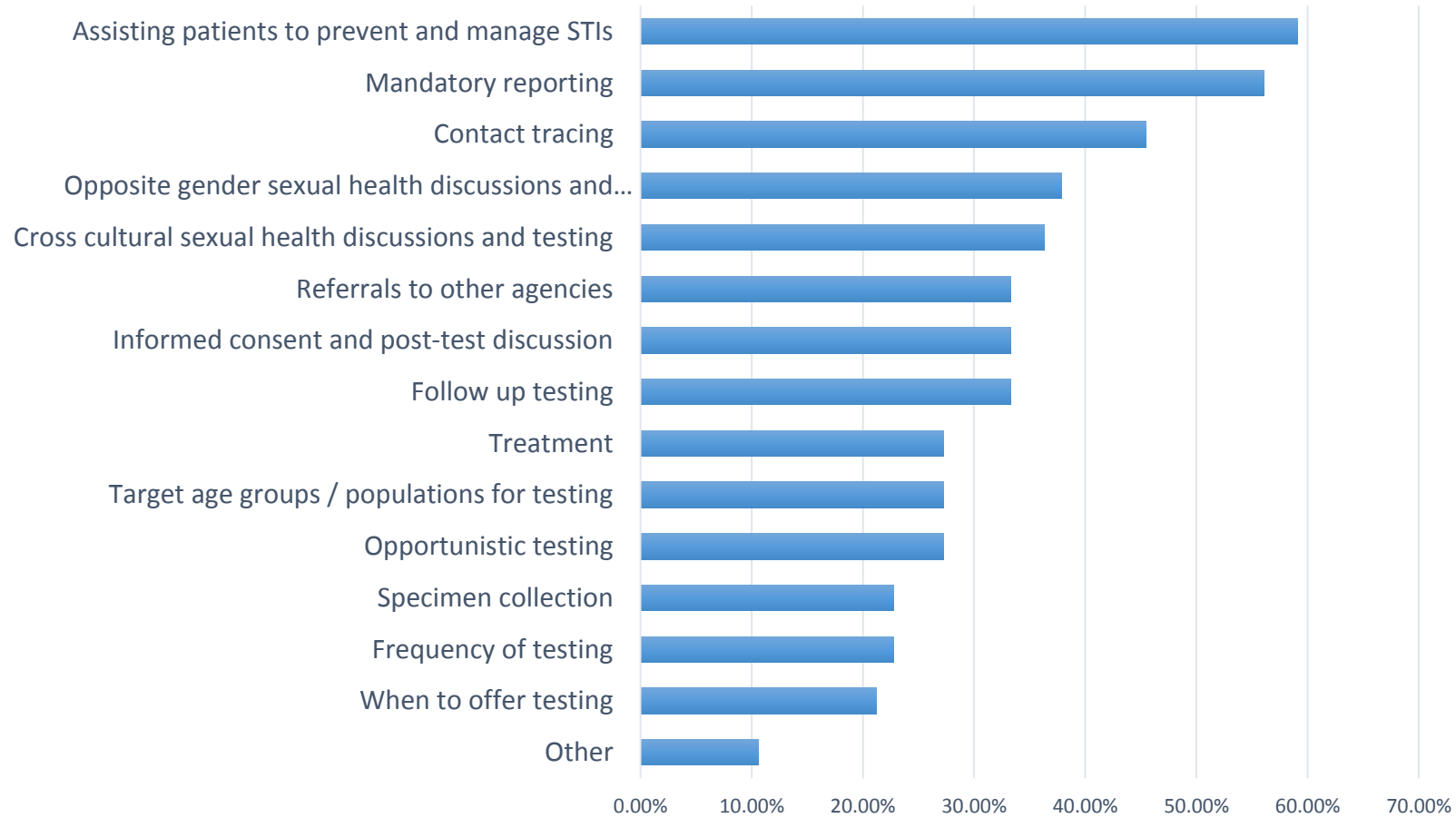
Feel free to download the PDFs and use them freely.





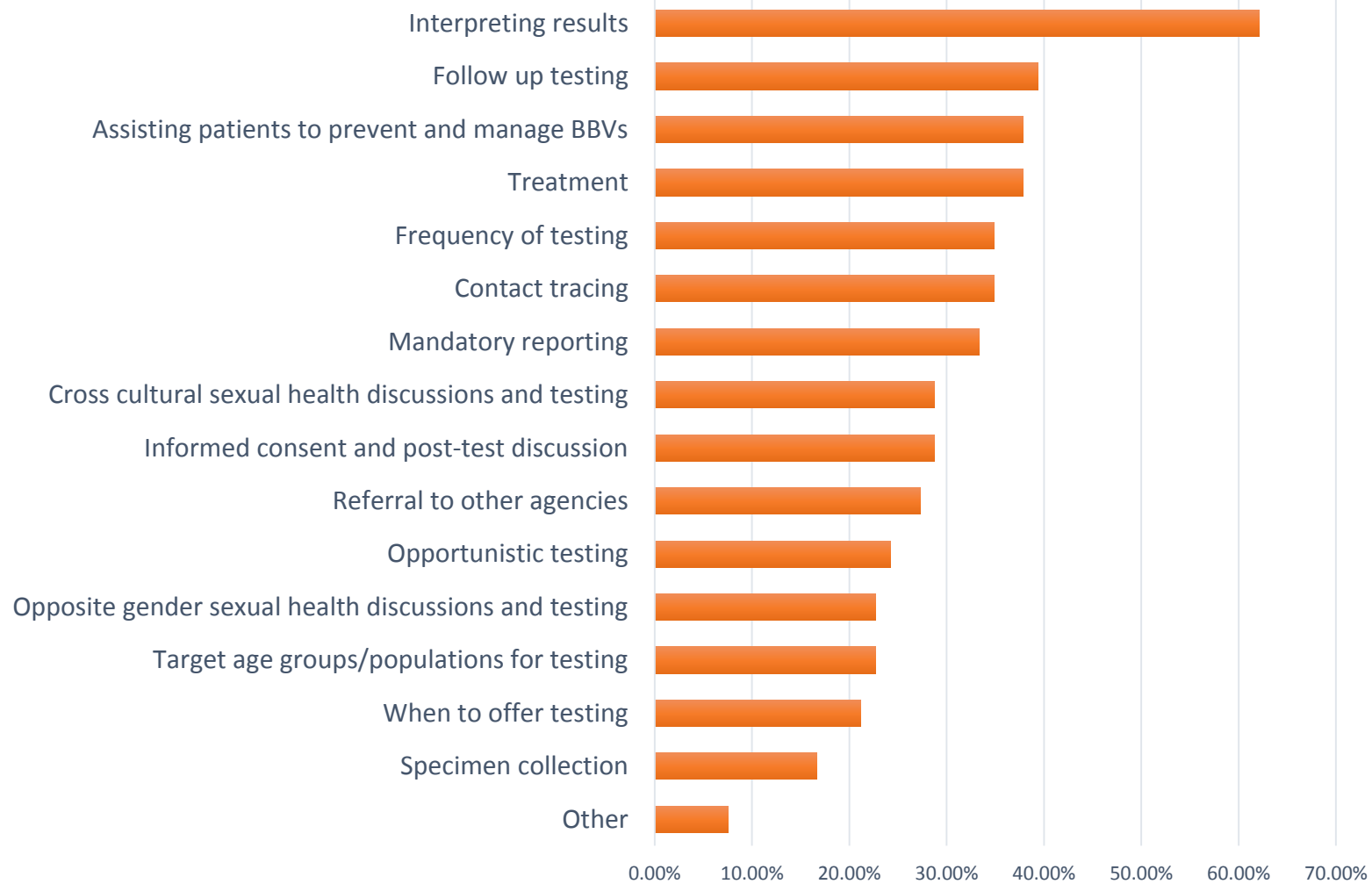


## STI testing and management areas of new knowledge to improve practice (n=66)



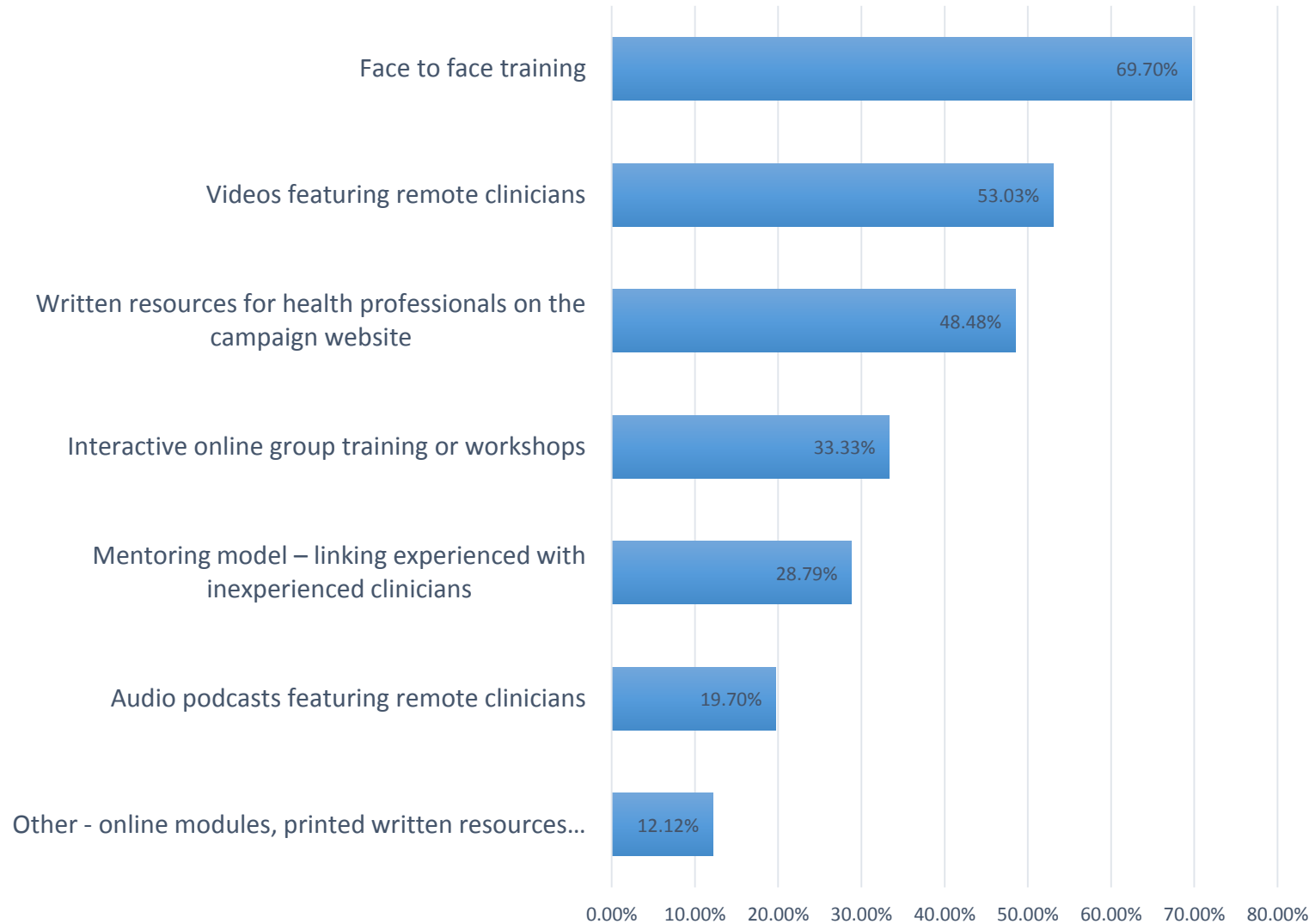


## BBV testing and management where areas of new knowledge could improve practice (n=66)





### Preferred format of resources (n=66)





<https://youngdeadlyfree.org.au/resources/for-clinicians/>



# SIREN

WA Sexual Health and Blood-borne Virus  
Applied Research and Evaluation Network

## Symposium 2018

**Connect • Learn • Apply**

17 & 18 May 2018  
Bentley, Western Australia

- For WA practitioners, clinicians, researchers, students and policy makers interested in SHBBV issues
  - Early-bird registrations only \$120 until **March 29**
  - Abstracts and regional travel grants open to **March 8**
- 
- **Connect** with others in the SHBBV sector;
  - **Learn** about the latest projects and research;
  - **Build skills** in research, evaluation and knowledge translation

[WWW.SIREN.ORG.AU/2018-SYMPOSIUM/](http://WWW.SIREN.ORG.AU/2018-SYMPOSIUM/)