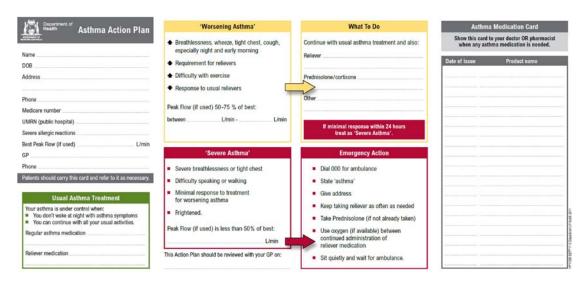


Fact sheet for health professionals:

Asthma Action Plan

The Asthma Action Plan is for people with asthma. The goal is for all patients to be provided with an Asthma Action Plan from their health professional and to have an accessible record of their reliever usage.

Sample



Key message

- Provide consumers and health care providers with easy access to the name and contact details of their GP, pharmacist and current treatment regimen.
- Provide information for consumers on how to manage both stable and acute exacerbations and what to do in an emergency.
- Provide a means of recording reliever medication purchases.

Questions and answers

What is the purpose of the Asthma Action Plan?

The purpose of the Asthma Action Plan is to provide a self management tool. Information for consumers should be reinforced at GP and specialist appointments. Information should be updated at any time there is a change in the treatment/medication regimen. Pharmacists should record all reliever medication provided to asthmatics and provide assessment and referral if necessary.

Who provides the Asthma Action Plan and completes the treatment information?

The Asthma Action Plan is provided to patients by either a GP or pharmacist. The treatment information should be completed, in consultation with the consumer, by their GP.

It is preferable to complete the Asthma Action Plan when the consumer is stable on the appropriate treatment.

What contact details and Consumer information consumer, and GP. It is are required on the card? The Asthma Action Planch consumer, and GP. It is are required on the card?

The Asthma Action Plan should have contact details for the consumer, and GP. It should also have any concession card number and Medicare number.

Asthma Action Plans can be ordered via the Department of Health online ordering system at www.health.wa.gov.au/ordering. Search by Item Code "HEN-011656" or Category "Health Networks". Fact sheets can be downloaded from www.healthnetworks.health.wa.gov.au/network/respiratory.cfm