



**YOUTH
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PEERS**



The YEP Project Presents to the
STI and BBV Quarterly Forum September 2020

**A Peer Education Approach to SHBBV Education
via social media and beyond**

Acknowledgement of Country



We would like to acknowledge the Traditional Custodians of the land; the Wadjuk people of Noongar nation. I pay my respects to them and their culture, to their Elders both past and present and to their strength, resilience and connection to land, waters and community. I acknowledge that this presentation is being given in a foreign language for an alien culture. This always was and always will be Aboriginal Land.

Presentation Overview



What we're going to talk about:

- A bit about the YEP Project
- What our key aims were during COVID
- The three big social media campaigns we delivered during the period and the methods of engagement we used during those campaigns
 - Webinars
 - Social Media Campaigns
 - Educational videos (and TikToks!)
 - Downloadable resources (Infographics, posters, blogs)
- Take home learnings
- How you can keep in touch with us!



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About the YEP Project



YOUTH EDUCATING PEERS

YEP AIMS TO EDUCATE, EMPOWER AND POSITIVELY EVOLVE YOUNG PEOPLE'S PERCEPTIONS, ATTITUDES AND BEHAVIOURS AROUND SEXUAL HEALTH & BLOOD BORNE VIRUSES (SHBBV) ACROSS WESTERN AUSTRALIA

PEER EDUCATION
We provide youth peer **sexual health workshops & outreach sessions**

YOUTH SECTOR CAPACITY BUILDING
We provide **professional development & resources** to support the capacity of the youth sector

CONTACT US
yep@yacwa.org.au
theyeproject.org.au
08 9227 5499
Book us in today!



Follow theyeproject on:



The YEP Project is funded by the Sexual Health and Blood Borne Virus Program, Department of Health WA



The YEP CREW!



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YEP Crew 2019-2020



LORNA GRAHAM-GERAGHTY

Project Coordinator



KAI SCHWEIZER

Peer Project Support Officer



BRIDGET BATHGATE

Peer Project Support Officer



SUMMAN ASIM

Peer Educator



EVELYN HOLT

Peer Educator

Topics We Cover



- Healthy Relationships
- Consent
- Sexually Transmitted Infections (STIs) and Blood-Borne Viruses (BBVs)
- Safe Sex
- Contraception
- Puberty
- LGBTIQ+
- Sexting
- Porn
- CaLD context sexual health and much more.

We are also open to hearing about your needs and may have capacity to develop something bespoke for you.



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Key aims during COVID

Key Aims During COVID-19



Provide responsive and engaging sexual health messaging for young people and the youth sector.

- Increase YEP's presence on social media to provide responsive and up-to-date information to young people directly and the youth sector.
- To improve access for young people who do not have access to technology or the internet, create resources that are youth friendly, engaging and in easy English. Ensure that these can be easily used by young people independently but can also be used by youth workers in their roles by downloading and shared directly with clients or posted to a location.
- Provide topical and relevant youth sector professional development via webinars.
- Provide youth services with youth peer webinars for their clients.
(this included services like the City of Kwinana, the Shire of Jarradahle and North Metro Tafe).
- Provide messaging across a number of channels through a variety of mediums to increase reach of sub demographics and learning needs.

Webinars



YEP'S COVID-19 Webinar Series for the WA Youth Sector

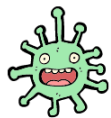
Tickets now on sale via eventbrite
search YEP

May 6 **STIs, Prevention & Testing**

May 12 **IDaHoBIT**

May 20 **Contraception & Pregnancy Prevention**

May 27 **Dating Online, Sexting and Porn**



Youth Sector Webinars via Zoom



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The 3 Social Media Campaigns

The 3 Campaigns we will focus on



Social Media Campaigns Since Lockdown

In response to the increase of young people and professionals, the YEP crew have focused a lot of their work to social media. Since lockdown we have created three social media campaigns:

- [#SociallyDistantSTITesting](#)
- [#PEERiods \(International Menstruation Day\)](#)
- [What they don't tell us guys about sex. #YEPMensHealthWeek](#)

All of these campaign's resources are available on the 'YEP Talk' area of our website.

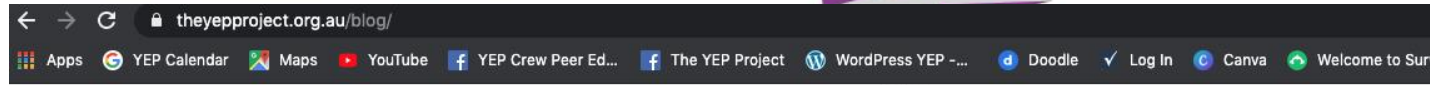


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#SociallyDistantTesting

#SociallyDistantSTITesting



READ MORE »

SOCIALLY DISTANT STI TESTING

#SociallyDistantSTITesting

[#SociallyDistantSTITesting Campaign Resources](#)

May 15, 2020 [Leave a comment](#)

READ MORE »



READ MORE »

5 Reasons to Masturbate During the COVID-19 Outbreak

March 20, 2020 [Leave a comment](#)

READ MORE »



theyeproject.org.au/blog/sociallydistantstitesting-campaign-resources/

#SociallyDistantSTITesting Campaign Resources



Facebook Page Cover



Instagram Promotion Post





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Educational Videos

Educational Videos



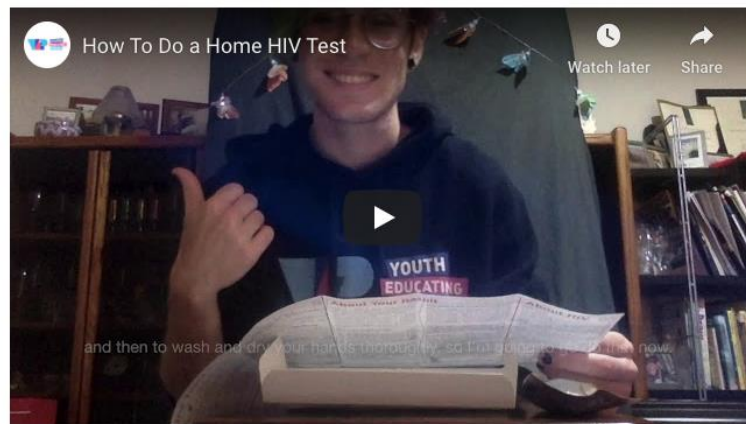
How to Get a Socially Distant STI Test at SHQ



How to complete an STI screen and order a chlamydia and gonorrhoea test on the 'Get the Facts' website



How to complete a HIV screening at home using the atomo kit



Educational Videos



How to use a dental dam to prevent an STI



YEP's Youth Friendly Sexual Health Services Referral Guide has been revamped, here's how to use the new tools.



Youth Friendly Sexual Health Service Referral Resource



Youth-Friendly Sexual Health Services in the Perth Metro Area (March 2020)

Central, Northern, Southern, Eastern & Mobile Services



Download from our website:

<https://theyeproject.org.au/resources/referral-resource-2020/>

Use the keys listed to identify which organisations can offer the kind of support you are looking for in your geographical region

- | | | | |
|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
|  STI/BBV Testing & Treatment |  Transgender Specialist |  Appointment Available |  General Support & Information |
|  Contraception |  Workforce Development |  Free or bulkbilling |  Counselling |
|  Cervical Screening |  Wheelchair Accessible |  Medicare not required |  CaLD Specialist |
|  Termination Support |  Needle & Syringe Exchange |  Peer-to-Peer Support |  ATSI Specialist |
|  LGBTQ+ Specialist |  Drop-In Available |  Youth Workshops |  Pregnancy Support |

All services listed here are located in the Perth metropolitan area, are youth-friendly and offer services for Sexual Health and Blood Borne Virus (SHBBV) issues. Use the key on the left side of the page to identify which organisations can offer the kind of support you are looking for.

- STI/BBV Testing & Treatment
- Contraception
- Cervical Screening
- Termination Support
- LGBTIQ+ Specialist
- Transgender Specialist
- Workforce Development
- Wheelchair Accessible
- Needle & Syringe Exchange
- Drop-In Available
- Appointment Available
- Free or bulkbilling
- Medicare not required
- Peer-to-Peer Support
- Youth Workshops
- General Support & Information
- Counselling
- CaLD Specialist
- ATSI Specialist
- Pregnancy Support

Central Services					
Sexual Health Quarters 70 Roe St, Northbridge 08 9227 6177 08 9227 6871 (fax) info@shq.org.au www.shq.org.au Mon-Wed: 8.30am-5pm Thurs: 8.30am-8pm Fri: 8.30am-5pm ALL AGES 	WA AIDS Council 664 Murray St, West Perth 08 9482 0000 (Metro) 1800 671 130 (Country) waac@waaidcs.com www.waaidcs.com Mon-Fri: 9am-4.30pm ALL AGES 	Peer Based Harm Reduction WA Suite 21 & 22, 7 Aberdeen St, Perth 08 9325 8387 08 9325 6512 info@harmreductionwa.org www.harmreductionwa.org Opening Hours Mon, Wed, Fri: 10am - 5pm Thu: 10am - 8pm Sat-Sun: 1pm - 4pm ALL AGES 	Hepatitis WA 134 Aberdeen St, Northbridge 08 9227 9800 info@hepatitiswa.com.au www.hepatitiswa.com.au Mon-Fri: 9am-5pm ALL AGES 18+ for HepC Treatment 	Magenta 170 Aberdeen St, Northbridge 08 9328 1387 admin@magenta.org.au www.magenta.org.au Mon-Fri: 9.30am-5pm 16+ years old 	Royal Perth Hospital: Sexual Health Clinic Level 4, Ainslie House 48 Murray St, Perth 08 9224 2178 08 9224 3557 Mon-Fri: 8.30am-3.30pm 16+ yrs old
Women's Health & Family Services 227 Newcastle St, Northbridge 08 6330 5400 08 6330 5499 clinic@whfs.org.au www.whfs.org.au Mon, Tues & Thurs: 8.30am-4.30pm Wed: 8.30am-5.30pm Fri: 8.30am-3pm ALL AGES 	M Clinic 548 Newcastle St, West Perth 08 9227 0734 08 9227 0736 info@mclinic.org.au www.mclinic.org.au Monday: 1pm - 6pm Tuesday: 9:30am - 4pm Wednesday: 1:30pm - 8pm Thursday: 2pm - 8pm Friday: 10am - 4pm 16+ years old 	PrEP Clinic: LinQ Medical 548 Newcastle St, West Perth 08 9227 0734 08 9227 0736 info@mclinic.org.au www.mclinic.org.au Monday: 2pm - 6pm Wednesday: 4pm - 8pm Friday: 9:30am - 12:30pm 16+ years old 	Multicultural Services Centre of WA 20 View St, North Perth 08 9328 2699 08 9227 7638 admin@mscwa.com.au www.mscwa.com.au Mon-Fri: 8.30am-4.30pm ALL AGES 	Transfolk of WA 0450 448 871 email@transfolkofwa.org 24 hours, 7 days a week 	Derbarl Yerrigan Health Service East Perth 156 Wittenoon St, East Perth 08 9421 3801 08 9421 3883 Mon-Fri: 8.30am-7pm Sat: 9am-12.30pm ALL AGES

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- Needle & Syringe Exchange
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- Appointment Available
- Free or bulkbilling
- Medicare not required
- Peer-to-Peer Support
- Youth Workshops
- General Support & Information
- Counselling
- CaLD Specialist
- ATSI Specialist
- Pregnancy Support

Central Services Continued

SECCA

2 Delhi St, West Perth
08 9420 7226
08 9420 7229
admin@secca.org.au
www.secca.org.au
Mon-Fri: 9am-4pm
ALL AGES



Sexual Assault Resource Centre

FREE 24 hr emergency service for recent sexual assault/abuse (within 14 days) & counselling (past sexual assault/abuse)
08 6458 1828 (crisis)
1800 199 888 (freecall)
08 6458 1820 (admin)
13+ yrs old



Freedom Centre

93 Brisbane St, Northbridge
08 9228 0354
08 9482 0001
info@freedom.org.au
www.freedom.org.au
Wed: 5pm-8pm
Fri: 4pm-8pm
UNDER 30s



Southern Services

Headspace Fremantle

60-62 Pakenham St, Fremantle
08 9431 7453
08 6210 1152
info@headspacefrem.com.au
www.headspace.org.au/headspace-centres/fremantle/
M, T, Th, F: 8.30-4.30pm
Wednesdays 8.30-6.30.
GP Clinic Sat 10am-2pm.
12-25 yrs old



South Terrace Clinic

A Block, South Tce Fremantle (side of Fremantle Hospital),
08 9431 2149
08 9431 2035
Mon-Fri: 9am-4pm
13+ yrs old



Fremantle Women's Health Centre

114 South St, Fremantle
08 9431 0500
08 9430 7862
enquiries@fwhc.org.au
www.fwhc.org.au
Mon-Fri: 8.30am-4.30pm
13+ yrs old



Headspace Mandurah

91 Allnutt St Mandurah
0895445900
0863163355
hello@headspaceman.com.au
www.headspace.org.au/headspace-centres/mandurah/
Mon-Fri 8.30am-4.30pm
12-25 yrs old



Headspace Rockingham

Unit 3, 18 Goddard St, Rockingham
08 6595 8888
08 6595 8880
hello@headspacerock.com.au
www.headspace.org.au/headspace-centres/rockingham/
M, T, TH, F: 8.30am-4.30pm
Wednesday 10am - 6pm.
12-25 yrs old



South Coastal Health and Community Services

4 Civic Blvd, Rockingham
08 9550 0900
www.southcoastal.org.au
Mon-Fri: 8.30am-4.30pm
All Ages



Peel Youth Medical Service

91 Allnutt St, Mandurah
08 9583 5435
www.gpdownsouth.com.au/youth-health
Mon-Fri: 8.30am-5.30pm
12-25 yrs old





Youth-Friendly Sexual Health Services in the Perth Metro Area (March 2020)



All services listed here are located in the Perth metropolitan area, are youth-friendly and offer services for Sexual Health and Blood Borne Virus (SHBBV) issues. Use the key on the left side of the page to identify which organisations can offer the kind of support you are looking for.

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- LGBTIQ+ Specialist
- Transgender Specialist
- Workforce Development
- Wheelchair Accessible
- Needle & Syringe Exchange
- Drop-In Available
- Appointment Available
- Free or bulkbilling
- Medicare not required
- Peer-to-Peer Support
- Youth Workshops
- General Support & Information
- Counselling
- CaLD Specialist
- ATSI Specialist
- Pregnancy Support

Eastern Services

Dr Marie Stropes

8 Sayer St, Midland
1300 003 707
By appointment only
Call National Support Centre
www.mariestopes.org.au
Mon-Thurs: 4am-4pm
Fri: 4am-3pm
Sat: 6am-2pm
16+ yrs old



Midland Women's Health Care Place

4 The Avenue, Midland
08 9250 2221
08 9250 2268
info@mwhcp.org.au
www.mwhcp.org.au
Mon-Fri: 8.30am-4.30pm
16+ yrs old



Derbarl Yerrigan Health Service Maddington

Unit 1-3, Lot 5 Binley Pl,
Maddington
08 9452 5333
08 9421 5344
Mon-Fri: 8.30am-5pm
ALL AGES



Derbarl Yerrigan Health Service Midland

6 Centennial Pl, Midland
08 9374 1400
08 9374 1499
Mon-Fri: 8.30am-5pm
ALL AGES



Headspace Armadale

40 Fourth Rd, Armadale
08 9393 0300
08 9393 0399
reception@headspacearmadale.com.au
www.headspace.org.au/headspace-centres/armadale/
Mon-Fri: 9am-5pm
12-25 yrs old



Northern Services

Ishar Multicultural Women's Health Centre

21 Sudbury Rd, Mirrabooka
08 9345 5335
08 9349 9113
info@ishar.org.au
www.ishar.org.au
Mon-Fri: 9am-4pm
16+ yrs old



Perth Men's Health

Suite 27, 95 Monash Avenue
Nedlands
08 9389 1400
08 9389 1411
info@perthmenshealth.com.au
www.perthmenshealth.com.au
Mon-Fri: 9am-4pm
16+ yrs old



Derbarl Yerrigan Health Service Mirrabooka

22 Chesterfield Rd,
Mirrabooka
08 9344 0444
08 9344 0499
Mon-Fri: 8.30am-5pm
ALL AGES



Mobile Services

Street Doctor

Various locations in Perth metro
08 9376 9200
<https://www.360.org.au/streetdoctor>
Mon-Sat: various times
All ages



Freo Street Doctor

Various locations in Fremantle
08 9432 0480
freostreetdoctor@blackswanhealth.com.au
<https://www.blackswanhealth.com.au/services/primary-health-services/freo-street-doctor/>
Mon-Fri: 830am-4.30pm
All ages





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TikToks

Educational Videos



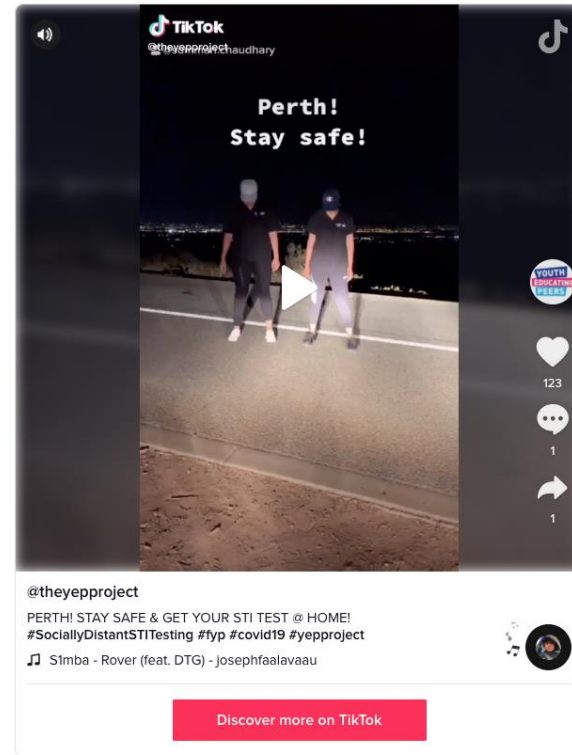
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Promoting condom use to prevent STIs & where to find condoms during social distancing



What are the symptoms of an STI



Getting a socially distant STI test using the 'Get the Facts' website



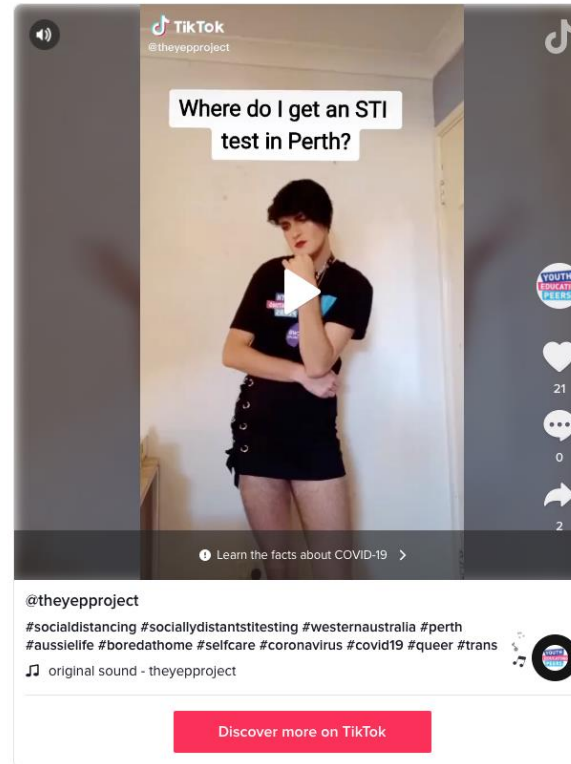
Educational Videos



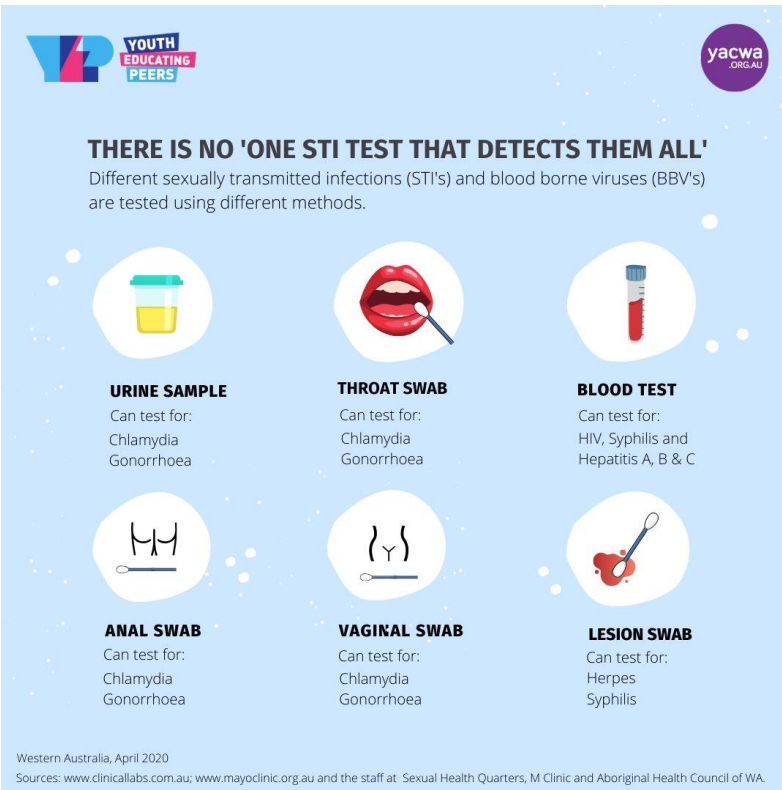
Promoting HIV home screening using the atomo kit



Where to get youth-friendly STI test in Perth – promoting the YEP Referral Resource









Infographics for Social Media

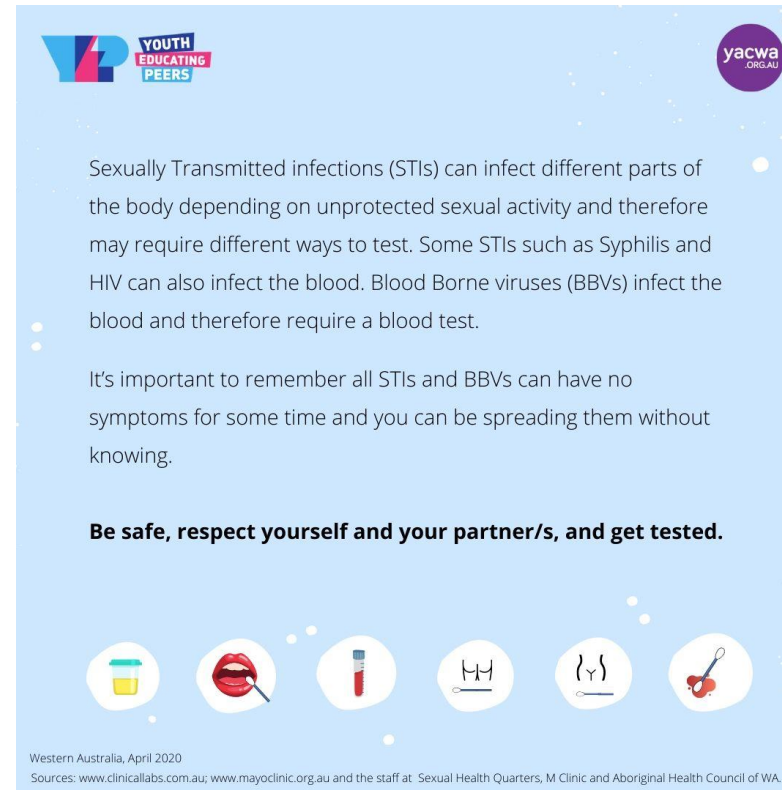


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THERE IS NO 'ONE STI TEST THAT DETECTS THEM ALL'
Different sexually transmitted infections (STI's) and blood borne viruses (BBV's) are tested using different methods.

 <p>URINE SAMPLE Can test for: Chlamydia Gonorrhoea</p>	 <p>THROAT SWAB Can test for: Chlamydia Gonorrhoea</p>	 <p>BLOOD TEST Can test for: HIV, Syphilis and Hepatitis A, B & C</p>
 <p>ANAL SWAB Can test for: Chlamydia Gonorrhoea</p>	 <p>VAGINAL SWAB Can test for: Chlamydia Gonorrhoea</p>	 <p>LESION SWAB Can test for: Herpes Syphilis</p>

Western Australia, April 2020
Sources: www.clinicallabs.com.au; www.mayoclinic.org.au and the staff at Sexual Health Quarters, M Clinic and Aboriginal Health Council of WA.




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Sexually Transmitted infections (STIs) can infect different parts of the body depending on unprotected sexual activity and therefore may require different ways to test. Some STIs such as Syphilis and HIV can also infect the blood. Blood Borne viruses (BBVs) infect the blood and therefore require a blood test.

It's important to remember all STIs and BBVs can have no symptoms for some time and you can be spreading them without knowing.

Be safe, respect yourself and your partner/s, and get tested.



Western Australia, April 2020
Sources: www.clinicallabs.com.au; www.mayoclinic.org.au and the staff at Sexual Health Quarters, M Clinic and Aboriginal Health Council of WA.

theyeproject.org.au/blog/there-is-no-one-sti-test/

Infographics for Social Media



What is Telehealth?

What is Telehealth?

You might have heard your doctor or medical service is offering 'Telehealth' appointments, but what does that mean?

Telehealth is basically fancy language to describe **medical appointments that happen over the phone or by video call.**

How: Phone or video call

Cost: Like face-to-face appointments, your service may be provided for free or at a private cost - ask your provider about their costs.

How do I know if my doctor is offering phone or video calls? Call your doctor to ask, or they may have a post on their website or social media saying they now offer Telehealth appointments.

What if I have physical symptoms? Depending on how your conversation goes on the phone/video your doctor may ask you to see them in person later, or they may have gotten enough information talking to you and will not need to physically see you.

Infographics for Social Media



Stage 3 Restrictions still allow STI testing

STAGE 3 COVID-19 WA RESTRICTIONS

Stay Home, except for....

- Medical Care e.g. STI test
- Exercising
- Shopping
- Work/Study

#SociallyDistantSTITesting
This information is relevant as at 1 April 2020

What are the symptoms of an STI?

WHAT ARE THE SYMPTOMS OF AN STI?

Remember the acronym No DRIPS

- Discharge
- Rash
- Itch
- Pain/Puss
- Sores

Many sexually transmitted infections show **no symptoms**, you will only know by getting tested.

#SociallyDistantSTITesting

Poster Infographic



Wanting to hook up safely with your iso buddy? 😊

Wanting to get an STI test but don't want to break social distancing recommendations?

Want to get a free STI test?

You've heaps of options:

- ♥ Have a HIV test delivered to your house
Visit atomodiagnosics.com/hiv-self-test
- ♥ Complete a short online quiz to see if you're at risk of chlamydia and gonorrhoea. Download the completed Pathwest form, bring it to your local drop off centre and to a simple urine sample or a self collection vaginal swab.
Visit getthefacts.health.wa.gov.au/online-sti-testing
- ♥ Have a phone or video consultation with a health provider and collect and drop off a self collection of a urine sample, vaginal swab, throat swab and/or anal swab.

(GPs, medical clinics and sexual health clinics have various responses and set ups to COVID-19. Some may be offering phone and video appointments and some may only be offering appointments for urgent needs. Some may be offering extended free services during this time and some may be offering services with a private fee - its best to call and ask your preferred clinician for more information.)

For recommendations on youth friendly places to get an STI test, visit our referral resource theyeproject.org.au/resources/referral-resource-2020

#SociallyDistantSTITesting



theyeproject.org.au/blog/sociallydistantstitesting-campaign-resources/



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#PEERiods

#PEERiods International Menstruation Day



theyproject.org.au/blog/

Apps YEP Calendar Maps YouTube YEP Crew Peer Ed... The YEP Project WordPress YEP ~... Doodle Log In Canva Welcome to Surve...

ABOUT YEP YEP TALK RESOURCES CONTACT SEARCH

Yep Talk Archive - YEP - Youth Educating Peers

Wanna know what we're thinking? Read on!

What They Don't Tell Us Guys About Sex. #YEPMenHealthWeek Campaign

June 19, 2020 [Leave a comment](#)

[READ MORE »](#)

#PEERiods International Menstruation Day Campaign Resources

June 19, 2020 [Leave a comment](#)

[READ MORE »](#)

a year ago
The fun times just keep on rolling over here at YEP! 🥳🥳🥳 This morning we had SUCH a great time chatting to our n... <https://t.co/tmDE8BHyAH>
@TheYEPProjectWA January 31, 2019

a year ago
And it's all GO for us here at YEP!!! Today, we began our consultations with #Pilbara #localchampions for the upcom... <https://t.co/hk66mvUvVE>
@TheYEPProjectWA January 24, 2019

a year ago
Our awesome mates over at @TheAHCWA will be hosting the "Lead the Way, Challenge the Possibilities, Imagine the Fut..."

Educational Video



YEP's Peer Educators Answer Your Questions About Periods

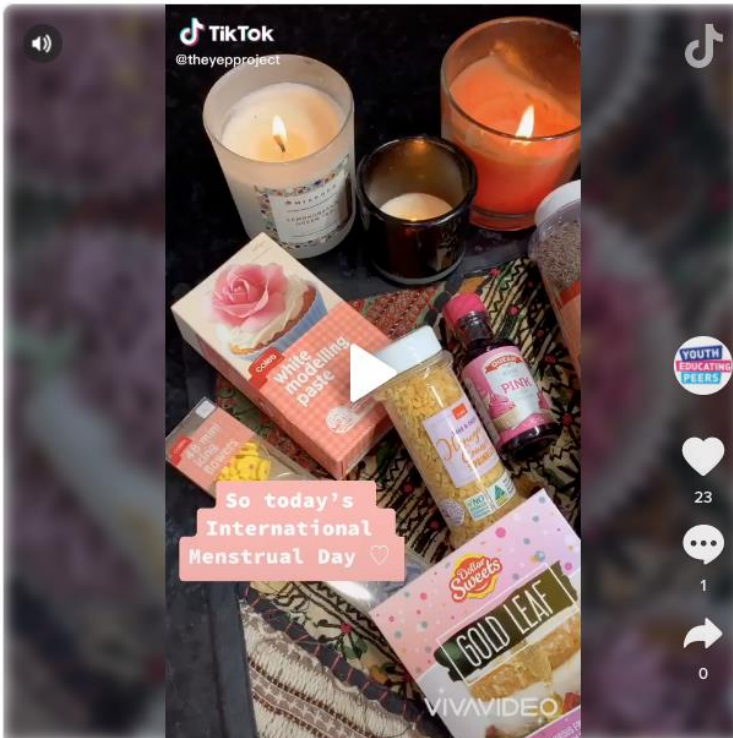


theyeproject.org.au/blog/periods/

Menstruation Cupcakes



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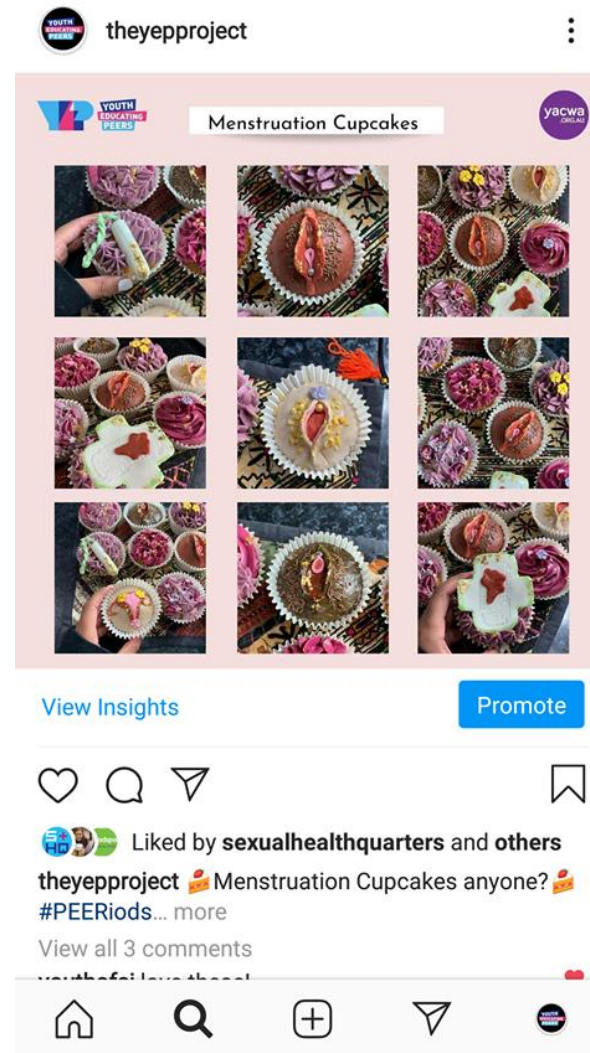


@theyeproject

International Menstrual Day ❤️ #fyp #periods #cupcake #cookinghacks #tiktokwellness #learnontiktok #foryoupage

🎵 Ily (I love you baby) - Surf Mesa

Discover more on TikTok



Two Blogs



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theyeproject.org.au/blog/periods/

What can I use for my period? Infographics for social media.



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What can I use for my period?


There are a range of different products you can use to help you catch the flow of blood during your period. It's your choice which ones you'd like to use. Let's have a look at some popular options!

Tampons




a non-reusable cotton product which is inserted and then disposed of.

Pads



a non-reusable liner which you stick to your underwear.

Liners



thin pads for light bleeding or everyday use.

Period Underwear



reusable absorbent underwear and pads.

Inclusion Statement for Social Media



Not all women get periods,
and not all people
who get periods are women.





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**What they don't tell us guys
about sex.**

#YEPMensHealthWeek

What they don't tell us guys about sex.



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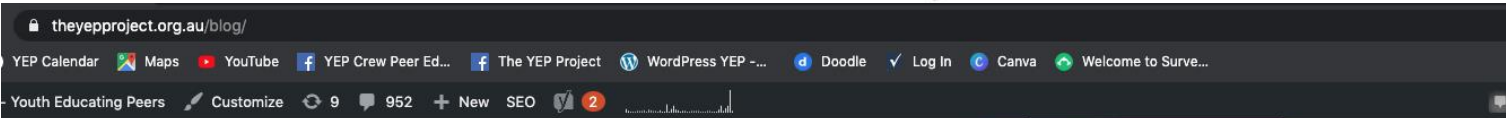
WHAT WOULD YOU
LIKE US TO COVER FOR
**MENS HEALTH
WEEK?**

Comment, DM or email yep@yacwa.org.au
by Tues 9 June



yacwa
.ORG.AU

What they don't tell us guys about sex.



Yep Talk Archive - YEP - Youth Educating Peers

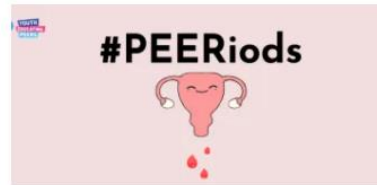
Wanna know what we're thinking? Read on!



What They Don't Tell Us Guys About Sex.
#YEPMenHealthWeek Campaign

June 19, 2020 [Leave a comment](#)

[READ MORE »](#)



#PEERiods International Menstruation Day Campaign Resources

June 19, 2020 [Leave a comment](#)

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a year ago

The fun times just keep on rolling over here at YEP! 🥰👍 This morning we had SUCH a great time chatting to our n... <https://t.co/tmDE8BHyaH>

[@TheYEPProjectWA](#) January 31, 2019

a year ago

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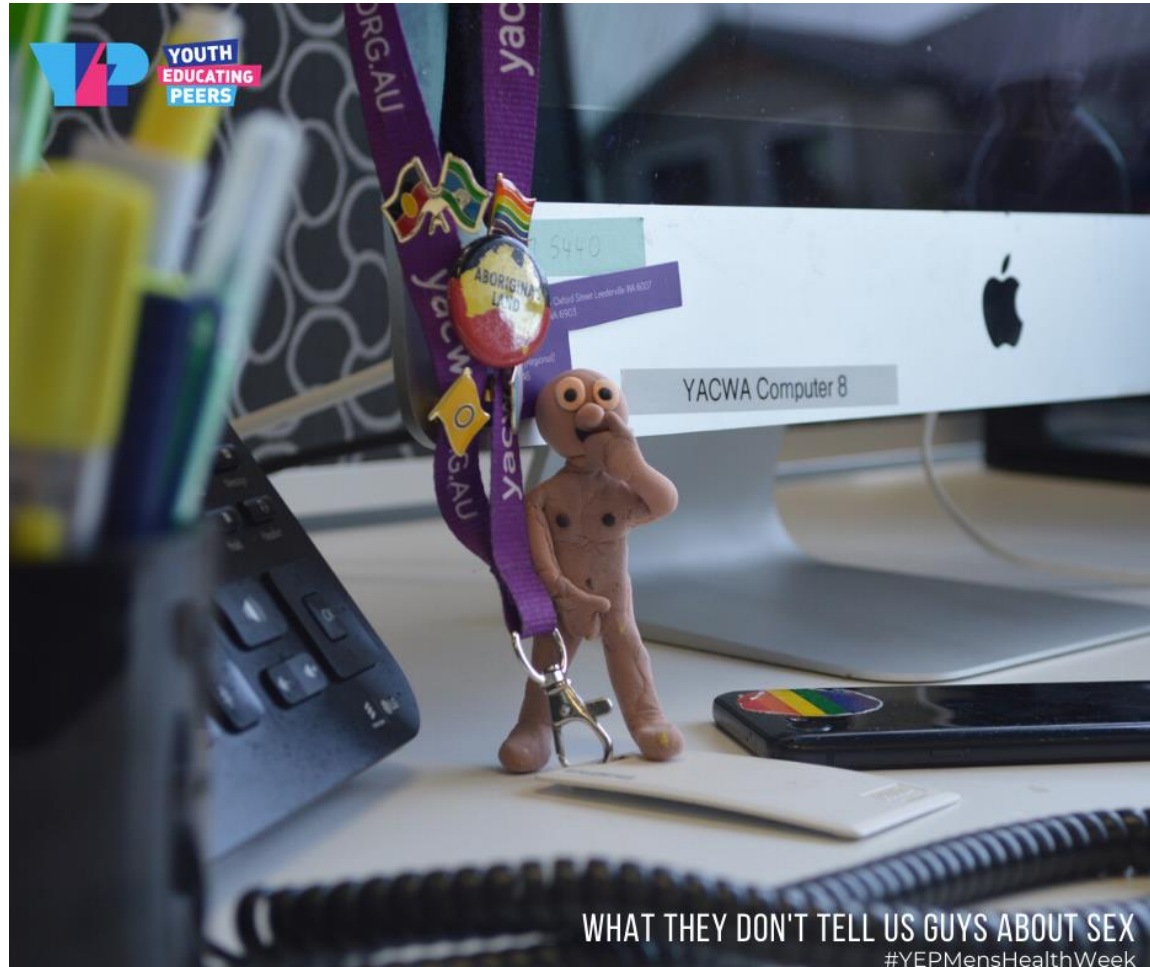
[@TheYEPProjectWA](#) January 24, 2019

a year ago

Our awesome mates over at @TheAHCWA will be hosting the "Lead the Way, Challenge the Possibilities, Imagine the Fut... <https://t.co/sbrJpYX9nW>

[@TheYEPProjectWA](#) January 20, 2019

What they don't tell us guys about sex.



theyeproject.org.au/blog/hat-they-dont-tell-us-guys-about-sex-campaign/

What they don't tell us guys about sex.



Social Media Images and Accompanying Text

Penises come in all shapes and sizes.

WHAT THEY DON'T TELL US GUYS ABOUT SEX
#YEPMensHealthWeek

All men's bodies are valid.

WHAT THEY DON'T TELL US GUYS ABOUT SEX
#YEPMensHealthWeek

There's lots of body parts that can give you pleasure, not just the penis.

WHAT THEY DON'T TELL US GUYS ABOUT SEX
#YEPMensHealthWeek

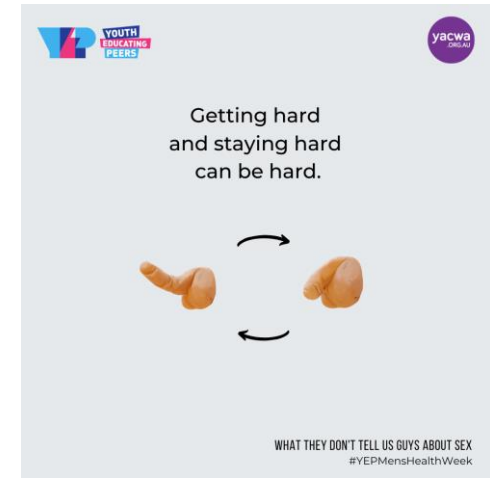
Pleasure is a team effort.

WHAT THEY DON'T TELL US GUYS ABOUT SEX
#YEPMensHealthWeek

What they don't tell us guys about sex.



Social Media Images and Accompanying Text




What they don't tell us guys about sex.



Social Media Images and Accompanying Text

YOUTH EDUCATING PEERS yacwa .ORG.AU


Lots of guys feel emotional after sex, there's no shame in that.



WHAT THEY DON'T TELL US GUYS ABOUT SEX
#YEPMensHealthWeek

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Consent is an ongoing discussion between everyone involved.



WHAT THEY DON'T TELL US GUYS ABOUT SEX
#YEPMensHealthWeek

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Porn can add to your pleasure, but it can also be unrealistic.



WHAT THEY DON'T TELL US GUYS ABOUT SEX
#YEPMensHealthWeek

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Being a man means something different to everyone.



WHAT THEY DON'T TELL US GUYS ABOUT SEX
#YEPMensHealthWeek

Collated Poster



**YOUTH
EDUCATING
PEERS**



WHAT THEY DON'T TELL US GUYS ABOUT SEX

All men's bodies are valid.

Penises come in all shapes and sizes.

Porn can add to your pleasure, but it can also be unrealistic.

Pleasure is a team effort.

Lots of guys feel emotional after sex, there's no shame in that.

Getting hard and staying hard can be hard.

Consent is an ongoing discussion between everyone involved.

Lots of body parts can give you pleasure, not just the penis.

Masturbation can be good for your mental health.

You don't have to want sex to be a man.

Fingering
oral
humping
anal
kissing

Sex is more than just penis in vagina

Being a man means something different to everyone.

theyeproject.org.au @theyeproject Mens Health Week 2020

TikTok

Whatever you call it, it's perfectly normal.



TikTok
@theyeproject

Ways to Say
M*sturbation

1515
28
34

@theyeproject
Whatever you call it, it's perfectly normal. #delfinoplaza #SelfCareRoutine #HealthyLiving #men #fitness #s3xeducation

Discover more on TikTok

theyeproject.org.au/blog/hat-they-dont-tell-us-guys-about-sex-campaign/



**YOUTH
EDUCATING
PEERS**



Take home messages

Take Home Messages



- Provide responsive, accurate and engaging education material in a timely manner
- Provide messaging across a number of channels through a variety of mediums
- Seek input from young people and the youth sector about the topic choices and messaging (what they want and how they want it).
- Continuously seek and review feedback from young people and implement it
- Question why some resources or strategies were more successful than others and build on this
- Promote and liaise with external agencies that can support the work and messaging
- Utilize social media trends
- Build momentum and regular engagement
- Create material that is accessible for people with low literacy and those with a variety of disabilities
- Promote messaging that is sex positive, validating and includes visible peers



**YOUTH
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PEERS**



**How you can keep in
touch with us**

Keep in Touch



Sexual Health Education
for Young People & Youth Workers

Follow us on social media
@theyeproject

Or visit our website at <https://theyeproject.org.au/>

- **Follow us on social media**
- Book us for a youth or youth sector workshop (Face-to-face workshops in line with restrictions and hygiene procedures and Online workshops available)
- Keep an eye on our Facebook for open webinars and workshops.
- Download resources from our website or social media channels.
- Request to be added to our email list.
- **Email us yep@yacwa.org.au**



**YOUTH
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Thanks for having us!